ō

long vowel

oatmeal

Long vowels say their names. Practice the sound for long vowel ō while looking in the mirror. Long vowel ō as in oatmeal. Can you feel your lips pushing out when you make this sound? Can you feel your breath escape your mouth?

The long vowel ō sound is made when the lips push out and mouth is opened in an oval shape. The tongue is slightly lowered. Repeating the sound and noticing how you make the sound builds strong muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.